

Prevention

Help children & youth:

- stay in school
- avoid substance misuse
- develop better relationships
- avoid gangs, violence and criminal behaviour
- increase self-awareness
- develop coping skills
- create a sense of belonging
- improve education retention and job readiness

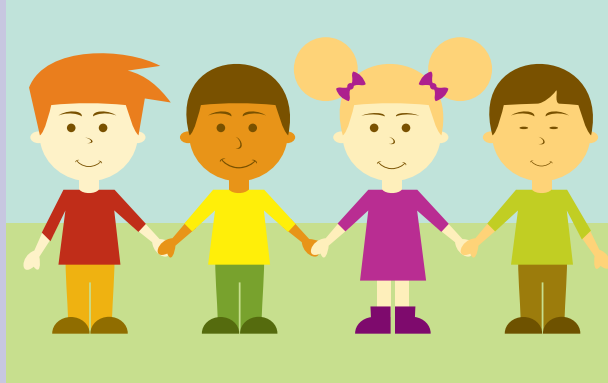


connecting
the disconnected

Intervention

Help children and youth who have been victims of:

- violence
- substance misuse
- abandonment
- bullying
- neglect
- social exclusion
- intergeneration effects



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Child & Youth Life Skills



Module I: Insight

- 👉 Get along with others
- 👉 Work with others
- 👉 Form friendships
- 👉 Help others
- 👉 Develop empathy

Topics Discussed:

- 👉 Gossip
- 👉 Bullying
- 👉 Decision Making
- 👉 Respect
- 👉 Responsibility
- 👉 Relationships
- 👉 Communication
- 👉 Trust
- 👉 Helping Others
- 👉 Consequences
- 👉 Selfishness
- 👉 Patience

Module III: Patience

- 👉 Problem solve
- 👉 Recognize thinking patterns
- 👉 Care for self and others
- 👉 Deal with abandonment issues
- 👉 Understand guilt and shame
- 👉 Value justice
- 👉 Demonstrate respect

Module II: Others

- 👉 Take responsibility
- 👉 Develop social skills
- 👉 Control anger
- 👉 Avoid bullying
- 👉 Understand consequences
- 👉 Recognize choices
- 👉 Make decisions

Participants Will:

- 👉 Build an emotional vocabulary
- 👉 Understand feelings and emotions of both self and others
- 👉 Recognize emotions and communicate in appropriate ways
- 👉 Express emotions with words instead of actions
- 👉 Learn problem solving skills and evaluate their decisions
- 👉 Be aware of emotions in others
- 👉 Increase self-esteem

Module IV: Relationships

- 👉 Work out conflicts
- 👉 Be trustworthy
- 👉 Increase patience
- 👉 Listen to others
- 👉 Ask for help
- 👉 Be truthful