

## NohKohWaa Family & Youth Centre

## **Package for Youth Support Program**

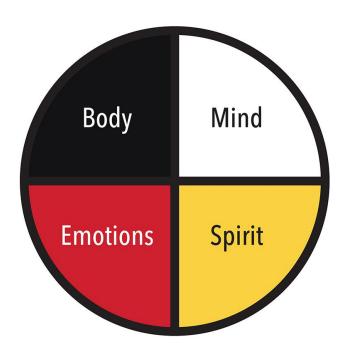
The Youth Program is *enriched with deep cultural roots that support growth*, allowing children to walk in a way that guides them to discover their individual identity, interests, and gifts.

NohKohWaa has several Facilitators onsite who are specially trained in **RedPath** which is an accredited program and is Indigenously led and developed using a 'trauma informed approach'.

Nohkohwaa Staff are **SIVA** trained, giving them a more compassionate and proactive guide to behavior management and again, using that same trauma informed approach.

NohKohWaa **connects youth** to Indigenous languages, ceremonies, Elder teachings, healing opportunities, counselling, Indigenous equine therapy, life skills, land-based education, career goal setting and so much more.

NohKohWaa's Centre is **Indigenously led and developed charity,** that is community based, community focused, community supported, and community directed for all People and all Families.



### **Youth Program Criteria**

- ✓ Child/Youth in Care
- ✓ Between the ages of 12 17-year-olds
- ✓ Not actively using alcohol and/or illegal drugs
- ✓ Open to a healthy lifestyle
- ✓ Must be open to attending school
- ✓ Must attend all NohKohWaa's Programming, such as; RedPath, Equine Therapy, Life Skills, Counselling, Ceremonies, Events, Appointments, etc.

### **Programming from September to June:**

- $\rightarrow$  RedPath
- → Education
- $\rightarrow$  Sports
- → Job Readiness
- → Introduction to Life Skills
- → Indigenous Language Classes
- → Indigenous guided Equine Therapy
- → Land-based Teachings
- → Indigenous Elder Support
- → Cultural Activities (examples depending on interest: drum making, individual moccasin making, designing their own ribbon shirt/dress/outfit)

#### **The Process:**

- Step 1: Get a Referral
- Step 2: You must meet the Criteria
- Step 3: Complete SELF-ASSESSMENT aka Intake Form
- Step 4: An Interview will be set up
- Step 5: Welcoming Ceremony

#### MEDICINE WHEEL EXAMPLE APPROACH USING REDPATH PROGRAMMING

BODY/PHYSICAL: MIND/MENTAL: Equine, Sports, Elder Support, Job Readiness, Traditional Indigenous Activities, Language, Education, Goal Setting, Camping, Drumming, Song & Dance Life Skills INDIVIDUAL-IDENTITY **SELF-ACTUALIZATION EMOTIONAL:** SPIRITUAL: Ceremony, Land-Based Teachings, Counselling, Therapy, Healing Circles, RedPath, Family System Constellations Healing, Elder Supports, **Energy/Vibrational Sessions** 

#### **DESCRIPTION OF REFERENCES**

<u>RedPath</u> is a psycho-spiritual-educational program aimed at addressing trauma through culture, art, and traditional teachings. The approach taken is appropriate to the age and stage of the participant. With the increasing rate of suicide, bullying and criminal behaviors (especially in gangs), it was decided to develop a program geared for Children and Youth.

<u>SIVA</u> (Supporting Individuals through Valued Attachments) is a more compassionate, proactive approach to behavior management using SIVA and the WISE Plan to help clients map out a plan and succeed in the program. When severe/violent outbursts are displayed, this puts both the client, the worker and/or others at risk. SIVA provides caregivers, families and clients tools and practical knowledge to create an environment where safety is a pro-social, healthy, and respectful part of day-to-day living.

<u>Land-based Education</u> typically uses an Indigenized and environmentally focus by first recognizing the deep, physical, mental, and spiritual connection to the land that is a part of Indigenous cultures.

<u>Family Constellations</u>, also known as Systemic Constellations and Systemic Family Constellations, is a therapeutic method which draws on elements of family systems therapy, existential phenomenology and is Zulu (African) based belief and attitudes to family.



# **SCHEDULE A - Service Intake Agreement Form**

## NohKohWaa Family & Youth Centre Programs

☐ NohKohWaa Youth Support Group Care Support (1:2) Inten Per Diem Rate: (*based on the needs)		**2 Youth/Unit
□ NohKohWaa Youth Supports Group Care Support (1:1) One -	One at 521 26 Street	
Per Diem Rate: (*based on the needs)		**2 Youth/Unit
☐ NohKohWaa Youth Support Group Care Support (1:4) Mode	erate at 521 26 Steet	
Per Diem Rate: (*based on the needs)	\$550 per day	**2-3 Youth/Unit
Intake Date (DD/MM/YY)		
Full Legal Name		<del></del>
Date of Birth (DD/MM/YY)		
Health Care Number		
Band	Treaty Number	<del></del>
PER DIEM INFORMATION: Case Worke	<mark>r</mark>	
Phone Number:	Fax Number:	
Mailing Address of Trustee:		
Medication Billing Information:		<del></del>
*Same as Per Diem Billing: Y/N (if no,	please fill out below)	
Phone Number	F M1	

Extra Billing Expenses - B			1 (11)	1 1		
*Same as Per Diem Billir (Extra Means: Clothing, I	_		•			
Full Mailing Address						
Phone Number			Fax Num	ber		
This Agreement Commences on the day of (month) in the year 20						
<u>SIGNATURES:</u>						
Referring Agency / Cases	worker					
NohKohWaa Team Lead	WOT NO					
NohKohWaa Director						
NohKohWaa Intak	o 2. D	oforral				
Client Information:	<u>e a n</u>	<u>elellal</u>				
Name/Alias (if						
known):						
DOB:			Age:	Ge	nder:	
Treaty #:			Band #:			
Health Card #:			Child's ID#:			
Child Welfare Status:						
	<u> </u>					
Reason for						
Admission:						
Admission Date/Time:						
Discharge Date:						
	<u> </u>					
Medical Concerns:		Any follow	up appointm	nents:	Allergie	s:
-		If yes, please provide details		If yes, p	lease provide details	
		(Date, Time	e, Location)			
Referring Agency:						

Referring Worker:						
Address:						
Contact Numbers	Work:				Cell:	
Contact Numbers Fax#:	work:				Ceii:	
Email Address:						
		ī				
Hair Color:		Eye Co				Height:
Weight:		Scars/	Tattoos			Birthmarks:
Family Doctor:			Contac	t #:		
Date of Last Medical	:					
Immunization up to	date?		Notes:			
Medications:						
(Specify prescription, Admir	iister Time, et	tc.)		Fallowers		
Last Dental Appt:				Follow up:		
Last Medical:				Follow up:		
Last Optical Appt:				Follow up:		
Last Counsellor:				Location:		
Is Child currently enrolled in school?				Yes No		
School Name:				Location:		
Grade Level:				Usual mode of	f Trans	port:
CLIENT PLACEMI	ENT HIS	TORY				
Where does Client co	urrently liv	ve?				
Who has been the p	rimary car	egiver?				
How many caregiver	s did the o	client				
have during the first life?			r			
How many caregiver	s has the	child live	ed			

## **FAMILY INFORMATION**

Mother:	Address:		
Father:	Address:		
Name(s) of Siblings:			
Does Client have regular contact with parents/siblings/family and or friends? Yes? No?	If yes, details and their contac	t info:	
Any other relevant info?			
Cultural / Spiritual?		Yes	No
Is Child aware of his/her	cultural heritage?	Yes	No
Does the Child participate in cultural activities?		Yes	No
Does the Child's family pr	ractice their cultural beliefs?	Yes	No

## **RISK BEHAVIORS**

Has the Client had a history of any of the following?

Concerns:	Yes	No	Suspected?	How long has behavior been present?	How often does the behavior occur?
Behavior Issues?					
Destruction of Property?					
Fire Setting?					
Interpersonal Problems?					
Physical Aggression to Peers?					

Physical Aggression to Adults? Running Away?  Suicidal Behaviors?  Self-Harm Behaviors?  Sleep Disturbance? Substance Abuse? Victim of Physical Abuse? Victim of Sexual Abuse? Victim of Neglect? Exposure to Fetal Alcohol Use? Loss/Separation? Witness of Domestic Abuse? Developmental Delays?  Grief Issues?  Sexually Inappropriate Behavior? Other? (explain)	Concerns:	Yes	No	Suspected?	<b>How long has</b>	How often does the
Physical Aggression to Adults? Running Away?  Suicidal Behaviors?  Self-Harm Behaviors?  Sleep Disturbance? Substance Abuse?  Victim of Physical Abuse?  Victim of Sexual Abuse?  Victim of Sexual Abuse?  Victim of Neglect?  Exposure to Fetal Alcohol Use? Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Sexually Inappropriate Behavior?				Sus possession.		
Aggression to Adults? Running Away? Suicidal Behaviors? Self-Harm Behaviors? Sleep Disturbance? Substance Abuse? Victim of Physical Abuse? Victim of Sexual Abuse? Victim of Neglect? Exposure to Fetal Alcohol Use? Loss/Separation? Witness of Domestic Abuse? Grief Issues?  Sexually Inappropriate Behavior?						
Adults? Running Away?  Suicidal Behaviors?  Self-Harm Behaviors?  Sleep Disturbance? Substance Abuse?  Victim of Physical Abuse?  Victim of Sexual Abuse?  Victim of Neglect? Exposure to Fetal Alcohol Use? Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Sexually Inappropriate Behavior?	Physical					
Running Away?  Suicidal Behaviors?  Self-Harm Behaviors?  Sleep Disturbance? Substance Abuse?  Victim of Physical Abuse?  Victim of Sexual Abuse?  Victim of Neglect?  Exposure to Fetal Alcohol Use? Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Sexually Inappropriate Behavior?						
Suicidal Behaviors?  Self-Harm Behaviors?  Sleep Disturbance?  Substance Abuse?  Victim of Physical Abuse?  Victim of Sexual Abuse?  Victim of Neglect?  Exposure to Fetal Alcohol Use? Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Sexually Inappropriate Behavior?						
Behaviors?  Self-Harm Behaviors?  Sleep Disturbance?  Substance Abuse?  Victim of Physical Abuse?  Victim of Sexual Abuse?  Victim of Neglect?  Exposure to Fetal Alcohol Use?  Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Sexually Inappropriate Behavior?	Running Away?					
Self-Harm Behaviors?  Sleep Disturbance?  Substance Abuse?  Victim of Physical Abuse?  Victim of Sexual Abuse?  Victim of Neglect?  Exposure to Fetal Alcohol Use? Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Sexually Inappropriate Behavior?	Suicidal					
Behaviors?  Sleep Disturbance?  Substance Abuse?  Victim of Physical Abuse?  Victim of Sexual Abuse?  Victim of Neglect?  Exposure to Fetal Alcohol Use? Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Eating Problems?  Sexually Inappropriate Behavior?	Behaviors?					
Sleep Disturbance? Substance Abuse?  Victim of Physical Abuse?  Victim of Sexual Abuse?  Victim of Neglect?  Exposure to Fetal Alcohol Use? Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Sexually Inappropriate Behavior?	Self-Harm					
Disturbance? Substance Abuse?  Victim of Physical Abuse?  Victim of Sexual Abuse?  Victim of Neglect?  Exposure to Fetal Alcohol Use?  Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Eating Problems?  Sexually Inappropriate Behavior?	Behaviors?					
Disturbance? Substance Abuse?  Victim of Physical Abuse?  Victim of Sexual Abuse?  Victim of Neglect?  Exposure to Fetal Alcohol Use?  Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Eating Problems?  Sexually Inappropriate Behavior?	Sleep				1	
Abuse?  Victim of Physical Abuse?  Victim of Sexual Abuse?  Victim of Neglect?  Exposure to Fetal Alcohol Use?  Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Sexually Inappropriate Behavior?	Disturbance?					
Victim of Physical Abuse?  Victim of Sexual Abuse?  Victim of Neglect?  Exposure to Fetal Alcohol Use?  Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Sexually Inappropriate Behavior?						
Abuse?  Victim of Sexual Abuse?  Victim of Neglect?  Exposure to Fetal Alcohol Use? Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Sexually Inappropriate Behavior?	Abuse?					
Victim of Sexual Abuse?  Victim of Neglect?  Exposure to Fetal Alcohol Use?  Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Eating Problems?  Sexually Inappropriate Behavior?	Victim of Physical					
Abuse?  Victim of Neglect?  Exposure to Fetal Alcohol Use?  Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Eating Problems?  Sexually Inappropriate Behavior?	Abuse?					
Victim of Neglect? Exposure to Fetal Alcohol Use? Loss/Separation? Witness of Domestic Abuse? Developmental Delays?  Grief Issues?  Eating Problems?  Sexually Inappropriate Behavior?						
Neglect?  Exposure to Fetal Alcohol Use?  Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Eating Problems?  Sexually Inappropriate Behavior?						
Exposure to Fetal Alcohol Use? Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Eating Problems?  Sexually Inappropriate Behavior?						
Alcohol Use?  Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Eating Problems?  Sexually Inappropriate Behavior?						
Loss/Separation?  Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Eating Problems?  Sexually Inappropriate Behavior?						
Witness of Domestic Abuse?  Developmental Delays?  Grief Issues?  Eating Problems?  Sexually Inappropriate Behavior?						
Domestic Abuse?  Developmental Delays?  Grief Issues?  Eating Problems?  Sexually Inappropriate Behavior?						
Developmental Delays?  Grief Issues?  Eating Problems?  Sexually Inappropriate Behavior?						
Delays?  Grief Issues?  Eating Problems?  Sexually Inappropriate Behavior?						
Grief Issues?  Eating Problems?  Sexually Inappropriate Behavior?	_					
Eating Problems?  Sexually Inappropriate Behavior?	_					
Sexually Inappropriate Behavior?	Grief Issues?					
Sexually Inappropriate Behavior?						
Sexually Inappropriate Behavior?						
Inappropriate Behavior?	Eating Problems?					
Inappropriate Behavior?	Sexually					
Other? (explain)	Behavior?					
	Other? (explain)					

What traumatic experiences has the client been exposed to? Are his/her parents and/or grandparents residential school survivors? Did they attend Day School? Where were the clients' parents in the welfare system as a child?

Please explain:

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Any other relevant information NohKoh	nWaa should be aware of:
Please explain:	
Is delegation of Authority Provided? You	es No
Schedule date for Intake:	
Referral Signature:	Date:
NohKohWaa Staff Signature:	Date: